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- **The Holy Spirit sets us free.**

*Romans 8:1-2 ~ There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.*

- **The Holy Spirit assures us that we are God's children.**

*Romans 8:16 ~ The Spirit Himself bears witness with our spirit that we are children of God, ...*

*Galatians 4:6-7 ~ And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, "Abba, Father!" Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ.*

- **The Holy Spirit intercedes for us in our weakness and in our prayers.**

*Romans 8:26-27 ~ Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.*

- **The Holy Spirit seals us for eternity.**

*Ephesians 1:13-14 — In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, Who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.*



**WALK IN THE SPIRIT ... DAY BY DAY!**

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**The Most Excellent Way**

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*Jesus said:*

*"A little while longer and the world will see Me no more, but you will see Me. Because I live, you will live also.*

*<sup>20</sup> At that day you will know that I am in My Father, and you in Me, and I in you.*

*<sup>21</sup> He who has My commandments and keeps them, it is he who loves Me.*

*And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him." ...*

*<sup>25</sup> "These things I have spoken to you while being present with you.*

*<sup>26</sup> But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.*

*<sup>27</sup> Peace I leave with you, My peace I give to you; not as the world gives do I give to you.*

*Let not your heart be troubled, neither let it be afraid.*

*John 14:19-21; 25-27*

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## The Most Excellent Way

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The following Scripture passages show us what an important role the Holy Spirit has in our daily lives. When Jesus was about to leave the disciples, He told them He would remain with them. How could this be? The Counselor, Helper, Advocate, Spirit of Truth — the Spirit of God Himself — would come to care for and guide the disciples after Jesus was gone. The Holy Spirit is a powerful person Who is on our side, working in us, for us and with us. See John 14:15-31.

- The Holy Spirit is the very presence of God within us. By faith we can appropriate the Spirit's power each and every day. The regenerating power of the Spirit came on the disciples just before Jesus' ascension, and the Spirit was poured out on all the believers at Pentecost, shortly after Jesus ascended to heaven.

*John 20:22 ~ And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit."*

*Acts 2:1-4 ~ When the Day of Pentecost had fully come, they were all with one accord in one place. <sup>2</sup>And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. <sup>3</sup>Then there appeared to them divided tongues, as of fire, and one sat upon each of them. <sup>4</sup>And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.*

- The Holy Spirit will be with us forever.  
*John 14:16 ~ Jesus said: "And I will pray the Father, and He will give you another Helper, that He may abide with you forever — ..."*
- The Holy Spirit cannot be accepted by the world at large.  
*John 14:17 ~ Jesus said: "... the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, The Holy Spirit lives with us and in us."*
- The Holy Spirit teaches us. As we study the Bible, we can trust the Holy Spirit to plant truth in our heart and mind, convince us of God's will, and remind us when we stray from it.

- The Holy Spirit reminds us of Jesus' words.  
*John 14:26 ~ Jesus said: "But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."*
- Although Jesus ascended to heaven, He sent the Holy Spirit to live IN believers. To have the Holy Spirit is to have Jesus Himself.  
*Romans 8:9-11 ~ But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His. And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness. But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.*
- The Holy Spirit gives strength to endure the unreasonable hostility many have toward Christ. This is especially comforting for those facing persecution.  
*John 15:26 ~ Jesus said: "But when the Helper comes, whom I shall send to you from the Father, the Spirit of truth who proceeds from the Father, He will testify of Me."*
- The Holy Spirit convicts us of sin, shows us God's righteousness, and announces God's judgment on evil.  
*John 16:8 ~ Jesus said: "And when He has come, He will convict the world of sin, and of righteousness, and of judgment: ..."*
- The Holy Spirit guides into truth and gives insight into future events. The truth is the truth about Christ.  
*John 16:13 ~ Jesus said: "However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come."*
- The Holy Spirit brings glory to Christ.  
*John 16:14 ~ Jesus said: "He will glorify Me, for He will take of what is Mine and declare it to you."*