

---

## TEN ATTITUDES OF VICTORIOUS LIVING

*"Let this mind be in you which was also in Christ Jesus." ~Philippians 2:5 NKJV*

### 1 ♦ HUMILITY

Jesus said: *"Blessed are the poor in spirit, for theirs is the kingdom of heaven." ~Matthew 5:3 NKJV*  
I admit I am powerless over the affects of drugs and alcohol, and self-centered behavior  
— my life is unmanageable.

### 2 ♦ REPENTANT

Jesus said: *"Blessed are those who mourn, for they shall be comforted." ~Matthew 5:4 NKJV*  
I believe Jesus Christ can and will create in me a new way of life.

### 3 ♦ SUBMISSIVE

Jesus said: *"Blessed are the meek, for they shall inherit the earth." ~Matthew 5:5 NKJV*  
I give my will and my life to Jesus Christ.

### 4 ♦ HONESTY

Jesus said: *"Blessed are those who hunger and thirst for righteousness, for they shall be filled." ~Matthew 5:6 NKJV*

I honestly examine myself in the light of God's Word.

### 5 ♦ MERCIFUL

Jesus said: *"Blessed are the merciful, for they shall obtain mercy." ~Matthew 5:7 NKJV*  
I humbly ask God's forgiveness for my sinful past. I am able to forgive those who have hurt me.

### 6 ♦ OBEDIENT

Jesus said: *"Blessed are the pure in heart, For they will see God." Matthew 5:8 NKJV*  
I desire to live under the guidance of God's Holy Spirit — day by day.

### 7 ♦ RECONCILIATION

Jesus said: *"Blessed are the peacemakers, for they shall be called sons of God." ~Matthew 5:9 NKJV*  
I ask forgiveness from all those I have hurt or dealt with unfairly.

### 8 ♦ FAITH

Jesus said: *"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven." ~Matthew 5:10 NKJV*  
I trust in the power of Jesus Christ when I face hardship and trials.

### 9 ♦ PERSEVERANCE

Jesus said: *"Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven. . . ." ~Matthew 5:11-12 NKJV*

I stand firm in my faith that Jesus is in control of all things.

### 10 ♦ LOVING SERVANT

Jesus said: *"You ARE the salt of the earth; ... You ARE the light of the world.... Let your light so shine before men, that they may see your good works and glorify your Father in heaven." ~Matthew 5:13-16 NKJV*

As a new creation in Christ,  
I share with others the Good News of a risen Savior who makes His people whole.

*"But seek ye first the kingdom of God and His righteousness; and all these things shall be added unto you." ~Matthew 6:33 KJV*

*"And now I will show you  
The Most Excellent Way" ... LOVE!*

*I Corinthians 12:31 NIV*



*"For we ourselves were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful and hating one another.*

*But when the kindness and the love of  
God our Savior toward man appeared,  
HE SAVED US,*

*not by works of righteousness which we have done,  
but according to His mercy He saved us,  
through the washing of regeneration [new birth]  
and renewing of the Holy Spirit,  
whom He poured out on us abundantly  
through Jesus Christ our Savior,  
that having been justified by His grace we should  
become heirs according to the hope of eternal life.*

*This is a faithful saying, and these things  
I want you to affirm constantly, that those  
who have believed in God should be  
careful to maintain good works.  
These things are good and profitable to men."  
Titus 3:3-8 NKJV*



# The Most Excellent Way...



## The Most Excellent Way

INTERNATIONAL

1177 Pacifica Place, Encinitas, CA 92024  
760-635-3945 • FAX 760-635-3946 • 800-548-8854  
Website: [www.tmewcf.org](http://www.tmewcf.org)  
Online Resources: [www.mostexcellentway.org](http://www.mostexcellentway.org)

Revised 1997, 2004 and 2008; Copyright © 1993, 2004, 2008, 2010, 2011, The Most Excellent Way Christian Fellowship. All rights reserved.

*The Christian Solution  
for Addictions:  
JESUS*

## “And now I will show you The Most Excellent Way” . . . LOVE!

### ◆ A FIRM FOUNDATION

“The Most Excellent Way” began in early 1986 as a small prayer group desiring to minister to alcoholics, drug addicts, and their families within our church. Today, regularly scheduled Support Meetings continue to spread across America, into Mexico, Australia, Poland, Russia, Ukraine, South America, India, Nepal ...

“The Most Excellent Way” Christian solution to chemical dependency is *becoming GOD-dependent*. Our principles of recovery are based entirely upon God’s Word.

*“For [we are] not ashamed of the Gospel of Christ, because it is the power of God unto salvation to everyone that believeth.”*  
Romans 1:16 KJV

As we remain committed to making ourselves and the Support Meetings available, we are privileged to see Him bring the hurting people and to witness the healing power of the Holy Spirit. God receives all the glory!

*“Praise be to the God and Father of our Lord Jesus Christ, ...who comforts us in all our troubles, so that we can comfort those in trouble with the comfort we ourselves have received from God.”*  
II Corinthians 1:3-4 NIV

“The Most Excellent Way” is a non-profit, interdenominational para-church organization. Gifts are tax deductible, and are used solely to:

WIN (Mark 16:15),  
DISCIPLE (Matthew 28:19-20),  
MEND (Luke 4:18-19) and  
SEND (Acts 1:8) people in Jesus’ name.

### ◆ DISCIPLESHIP

The understanding of the principle and practice of *surrender* are the basic needs for the recovering addict and alcoholic, and family members. *Who* and/or *what* we surrender to is the key to change.

The process of permanently changing the outward compulsive habits and self-centered behavior is accomplished from the *inside out* — it is a matter of the heart. We view “recovery” as the *sanctification* process of new life *in* Christ.

“The Most Excellent Way” is centered upon Jesus’ Sermon on the Mount, specifically the Beatitudes. With Jesus’ Sermon as our foundation, we learn:

- To examine our hearts.
- To be renewed in our minds.
- To live the *spiritual life* by *putting off* the old man and *putting on* the new, spiritual man.

Our outline for change is called the “Ten Attitudes of Victorious Living.”

God promises His Word will not return to Him void, therefore, we strive to live and share Biblical principles with an attitude of *love, acceptance* and *forgiveness*.

*Jesus said:*  
“ . . . If you abide in My word, you are My disciples indeed.  
And you shall know the truth,  
and the truth shall make you free.”  
John 8:31-32 NIV

### ◆ SUPPORT MEETINGS

“The Most Excellent Way” Fellowship/Support Meetings are held weekly, with God’s Word as our *sole* authority, Jesus Christ as our *only power*, and His Holy Spirit as our *guide*.

Many participants have attended A.A. and Al-Anon meetings, and come to “The Most Excellent Way” seeking an environment in which to freely express their faith in Jesus. Others are backslidden Christians, timid and shame-faced, who God draws back into fellowship with Him. Unbelievers come and find genuine love, peer support, Christ and *eternal* hope.

### ◆ FAMILY SUPPORT MEETINGS . . .

. . . help spouses, parents and “adult children” to stop trying to control, fix and blame their dependent loved ones for their own misery. They receive loving support and learn how others are becoming GOD-dependent: the process of taking personal responsibility for their thoughts, attitudes and actions in order to change their turbulent lifestyles.

### ◆ THE CHILDREN’S MEETING . . .

. . . is a unique environment — an alternative to child-care — in which youngsters freely express their feelings of fear, hopelessness, guilt and frustration typically felt by children living with chemically dependent parents. *Our kids* are validated for who they are, and are assured that Jesus will never leave them nor forsake them.

### ◆ LOVE, ACCEPTANCE & FORGIVENESS

The quality of love we desire to share is God’s *agape*—the ability to accept and forgive one another just as God, the Father, accepts and forgives us because of our faith in Jesus, His Son.

“The Most Excellent Way” is to:

- Be reconciled to God through Jesus.
- Grow in faith and knowledge of Christ.
- Gain a better understanding of the sin nature that leads to addiction and obsessive, self-centered behavior.
- Learn and apply Biblical principles for living joy-filled, productive lives.
- Provide support to those who desire freedom from drug and alcohol dependency, and self-centered behavior.
- Pray for one another.
- Love one another.

*Jesus said:*  
“A new command I give you:  
Love one another.  
As I have loved you,  
so you must love one another.  
All men will know that you are My  
disciples if you love one another.”  
John 13:34-35 NIV

We accept one another just as we are — committed Christian or backslider, sober or stoned, reverent or obnoxious, clean or dirty. Anyone desiring freedom from addiction and compulsive behavior is welcomed into “The Most Excellent Way” by the grace of God.

*“We love because He first loved us.”*  
I John 4:19 NIV