



The Christian Solution  
for Addictions:  
JESUS!

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## Fellowship/Support Meetings

### *“Family & Friends Support”*

Among our friends, family and acquaintances, we know someone who is enslaved to drugs and alcohol. As believers, we have the unique opportunity to help reconcile this person to the Lord (if an unbeliever), or help restore him to a life of peace, joy and righteousness (if a believer).

Just as important, we have the opportunity to enjoy an intimate relationship with our Heavenly Father as we look to Him for His strength and wisdom to do what is right in His eyes for our loved one and friend.

“The Most Excellent Way” offers the Biblical solution for those who believe they are “co-dependent.” We believe it is impossible for a Christian to be co-dependent and God-dependent. The Biblical equivalent of codependency is idolatry. The Webster’s Dictionary definition: idolatry — “the worship of a physical object as a god; immoderate attachment or devotion to something [or someone].”

“The Most Excellent Way” helps spouses, parents and “adult children” to stop trying to control, fix and blame their dependent loved ones in order to justify and survive their own misery. They receive loving support and learn how others are becoming God-dependent — the process of taking personal responsibility for their thoughts, attitudes and actions despite their difficult circumstances.

#### WE FOCUS ON:

- God’s Word — *not* our feelings.
- Love — *not* bitterness and resentment.
- Forgiveness — *not* retaliation.
- Hope — *not* self-pity.
- Doing — *not* excusing.
- Accepting — *not* blaming.
- Living one day at a time as unto the Lord — *not* marinating in and whining about the unchangeable past.
- AND WE PRAY IN FAITH FOR OUR LOVED ONES!

We learn that we will never experience peace and joy-filled lives (spiritual happiness) until God is enough for us and everything to us — just as addicts and alcoholics must learn to surrender self to the Lord, their loved ones must also. God is not a respecter of persons.