
11.

**DO USE RESOURCES OF CHURCH AND
CHRISTIAN FELLOWSHIP GROUPS.**

*“ . . . that we should no longer be children,
tossed to and fro and carried about with
every wind of doctrine, by the trickery of men,
in the cunning craftiness of deceitful plotting,
but, speaking the truth in love, may grow up
in all things into Him who is the head—Christ
—from whom the whole body, joined and knit
together by what every joint supplies,
according to the effective working by which
every part does its share, causes growth of
the body for the edifying of itself in love.
EPHESIANS 4:14-16 NKJV*

12.

**DON'T IGNORE THE ADDICT
OR ALCOHOLIC.**

*“Brethren, if a man is overtaken in any trespass,
you who are spiritual restore such a one
in a spirit of gentleness, considering
yourself lest you also be tempted.
Bear one another's burdens, and
so fulfill the law of Christ.
For if anyone thinks himself to be something,
when he is nothing, he deceives himself.
But let each one examine his own work,
and then he will have rejoicing in himself alone,
and not in another.
For each one shall bear his own load.”
GALATIANS 6:1-5 NKJV*

13.

**DO EXAMINE YOUR OWN WALK OF
OBEDIENCE BEFORE THE LORD.**

*“Search me, O God, and know my heart;
try me, and know my anxieties;
and see if there is any wicked way in me,
and lead me in the way everlasting.
PSALMS 139:23-24 NKJV*

**Biblical Principles for Families & Friends
of Addicts & Alcoholics**

Among our friends, family and acquaintances, we know someone who is enslaved to drugs and alcohol. As believers, we have the unique opportunity to help reconcile this person to the Lord (if an unbeliever), or help restore him to a life of peace, joy and righteousness (if a believer). Just as important, we have the opportunity to enjoy an intimate relationship with our Heavenly Father as we look to *Him* for the strength and wisdom to do what is right in *His* eyes.

*“For the love of Christ compels us, because we judge
thus: that if One died for all, then all died;
and He died for all, that those who live
should live no longer for themselves,
but for Him who died for them and rose again.
Therefore, from now on, we regard no
one according to the flesh.
Even though we have known Christ according
to the flesh, yet now we know Him thus no longer.
Therefore, if anyone is in Christ, he is a new creation;
old things have passed away;
behold, all things have become new.
Now all things are of God, who has reconciled
us to Himself through Jesus Christ, and has
given us the ministry of reconciliation, that is,
that God was in Christ reconciling
the world to Himself, not imputing their
trespasses to them, and has committed
to us the word of reconciliation.
Now then, we are ambassadors for Christ,
as though God were pleading through us:
we implore you on Christ's behalf,
be reconciled to God.
II CORINTHIANS 5:14-20 NKJV*



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**Biblical
Principles
for
Families
& Friends**

*The Christian Solution
for Codependency:
“Becoming GOD-Dependent”*

“And now I will show you *The Most Excellent Way*” . . . *LOVE!*

1.

DON'T ASSUME RESPONSIBILITY FOR THE BEHAVIOR OF ADDICT/ALCOHOLIC

*“The soul who sins shall die.
The son shall not bear the guilt of the father,
nor the father bear the guilt of the son.
The righteousness of the righteous shall be
upon himself, and the wickedness of the
wicked shall be upon himself.”*
EZEKIEL 18:20 NKJV

2.

DON'T COVER-UP FOR THE ADDICT OR ALCOHOLIC.

*“In, speaking the truth in love, we will in all things
grow up into Him who is the Head, that is, Christ.”*
EPHESIANS 4:15 NIV

*“Therefore, putting away lying,
'Let each one of you speak truth with his
neighbor,' for we are members of one another.”*
EPHESIANS 4:25 NKJV

3.

DON'T GOSSIP ABOUT HIM OR HER

*“A fool's lips enter into contention, and his mouth
calls for blows. A fool's mouth is his destruction,
and his lips are the snare of his soul.
The words of a talebearer are like tasty trifles,
And they go down into the inmost body.”*
PROVERBS 18:6-8 NKJV

4.

DO SEEK BIBLICAL ADVICE AND HELP.

*“Where there is no counsel, the people fall;
but in the multitude of counselors there is safety.”*
PROVERBS 11:14 NKJV

*“Now I myself am confident concerning you,
my brethren, that you also are full of goodness,
filled with all knowledge,
able also to admonish one another.”*
ROMANS 15:14 NIV

5.

DO WORK ON YOUR ATTITUDES AND ACTIONS — DON'T RELY ON YOUR FEELINGS

*“If you do well, will you not be accepted?
And if you do not do well, sin lies at the door.
And its desire is for you, but you should rule over it.”*
GENESIS 4:7 NKJV

6.

DO BE “LIGHT AND SALT” BEFORE THE CHEMICALLY DEPENDENT PERSON.

*Jesus said:
“You are the salt of the earth; but if the salt
loses its flavor, how shall it be seasoned?
It is then good for nothing but to be thrown
out and trampled underfoot by men.
You are the light of the world.
A city that is set on a hill cannot be hidden.
Nor do they light a lamp and put it under a
basket, but on a lampstand, and it gives
light to all who are in the house.
Let your light so shine before men, that
they may see your good works
and glorify your Father in heaven.”*
MATTHEW 5:13-16 NKJV

7.

DON'T RETURN EVIL FOR EVIL.

*“Finally, all of you be of one mind,
having compassion for one another;
love as brothers,
be tenderhearted, be courteous;
not returning evil for evil or reviling for reviling,
but on the contrary blessing,
knowing that you were called to this,
that you may inherit a blessing.”*
1 PETER 3:8-9 NKJV

8.

DO MAINTAIN YOUR DAILY DEVOTIONS AND PRAYER

*“Blessed is the man who walks not
in the counsel of the ungodly,
nor stands in the path of sinners,
nor sits in the seat of the scornful;
But his delight is in the law of the LORD,
and in His law he meditates day and night.
He shall be like a tree
planted by the rivers of water,
that brings forth its fruit in its season,
whose leaf also shall not wither;
and whatever he does shall prosper.”*
PSALM 1:1-3 NKJV

*“Rejoice always, pray without ceasing,
in everything give thanks; for this is
the will of God in Christ Jesus for you.”*
1 THESSALONIANS 5:16-18 NKJV

9.

DON'T WORRY.

*“Therefore do not worry about tomorrow,
for tomorrow will worry about its own things.
Sufficient for the day is its own trouble.”*
MATTHEW 6:34 NKJV

*“Be anxious for nothing, but in everything
by prayer and supplication, with thanksgiving,
let your requests be made known to God;
and the peace of God, which surpasses all
understanding, will guard your hearts
and minds through Christ Jesus.”*
PHILIPPIANS 4:6-7 NKJV

10.

DO ESTABLISH PROPER PRIORITIES FOR YOUR OWN LIFE.

*“But seek first the kingdom of God
and His righteousness,
and all these things shall be added to you.”*
MATTHEW 6:33 NKJV